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AMERICAN UNIVERSITY • WASHINGTON, D.C.

Justice Programs Office
National Drug Court Resource Center

Hispanics and Latinos in Drug Courts: Cultural Strategies to Enhance and Sustain Recovery

Friday, May 5, 2017
1:00pm-2:30pm EST

Panelists:



Diana Padilla

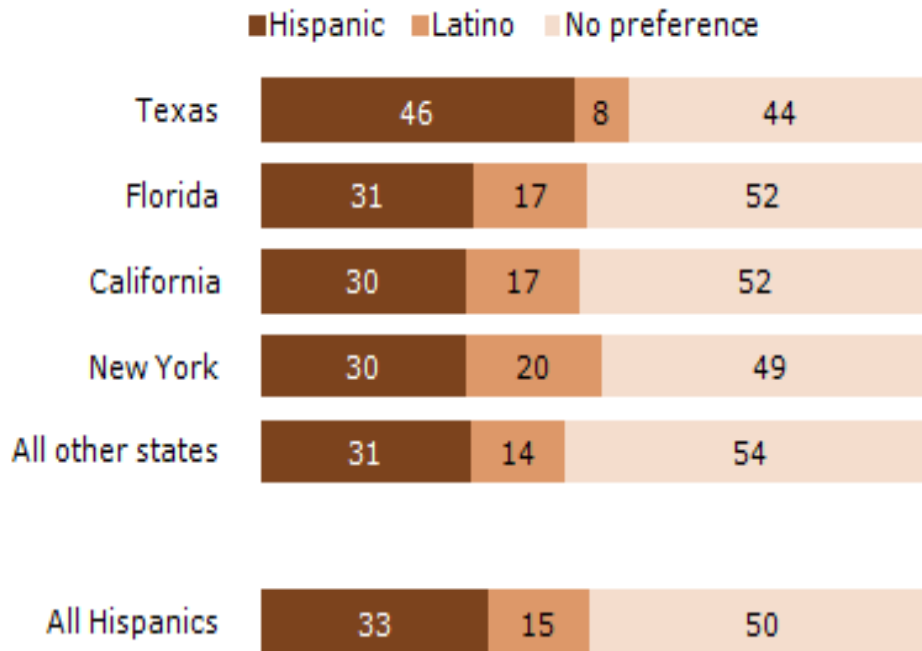


Joseph R. Madonia

Cultural Terms & References

Preference for the Terms "Hispanic" and "Latino", 2013

The terms "Hispanic" and "Latino" are both used to describe people who are of Hispanic or Latino origin or descent. Do you happen to prefer one of these terms more than the other? (%)



Notes: N=5,103. "Don't know/Refused" responses not shown.

Source: Pew Research Center survey of Hispanic adults, May 24-July 28, 2013.

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Hispanic or Latino

Mexican, Puerto Rican, Cuban, Dominican, Guatemalan, Ecuadorian, Bolivian, Spaniard, Salvadoreno, etc.

Other terms:

Latin @

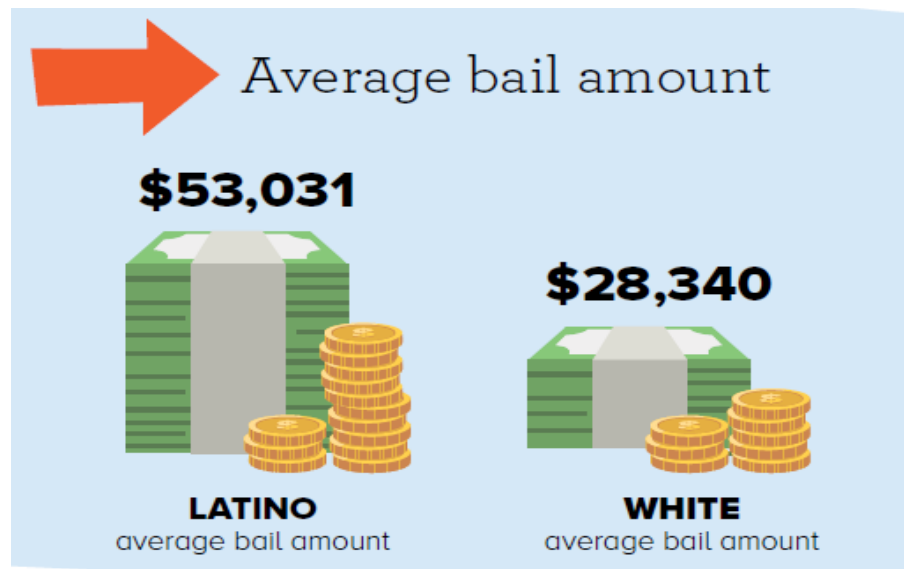
Latinx



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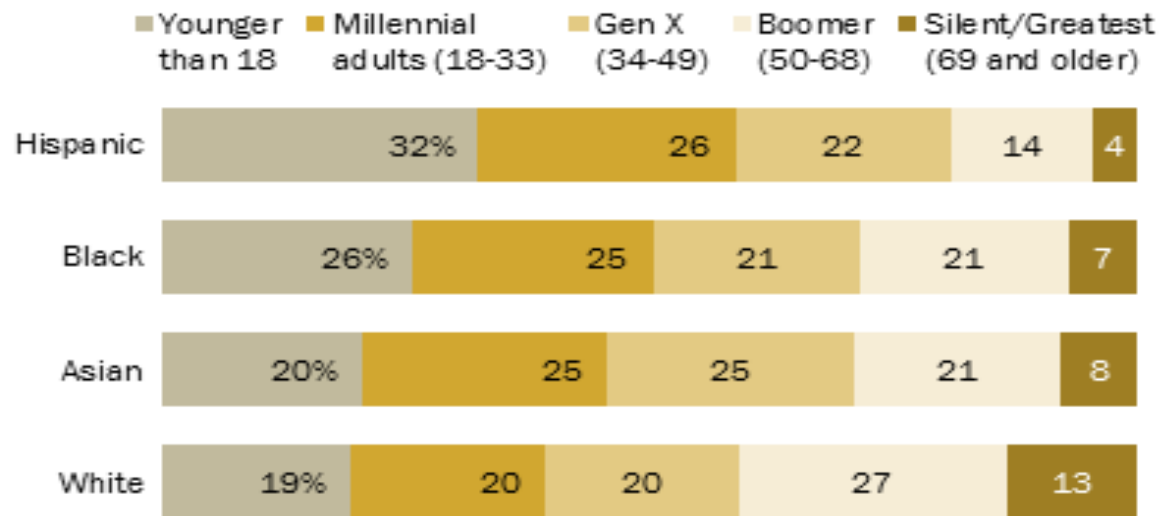
Criminal Justice for Latinos

- Latino arrest rate 1.5x higher than Whites
- 1 in 4 federal inmates is Hispanic
- Latino youth under the age of 18 are incarcerated at adult facilities at rates between 7 and 17 times



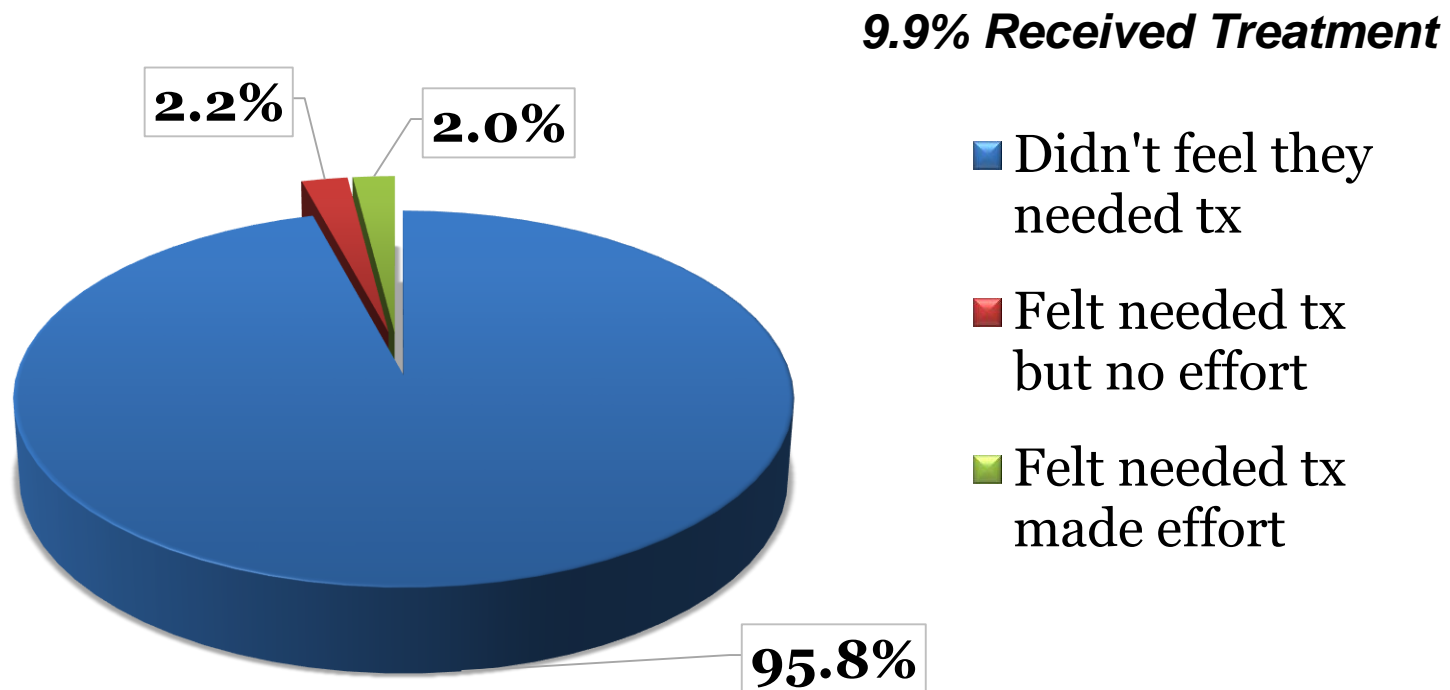
Hispanic Populations in the US

- The nation's Hispanic population totaled 56.6 million as of July 1, 2015
- Nearly three-quarters of US born Hispanics are millennials or younger



Note: Whites, blacks and Asians include only those who are single race and not Hispanic. Hispanics are of any race. Figures may not add to 100% due to rounding.
 Source: Pew Research Center analysis of 2014 American Community Survey (IPUMS).
 "The Nation's Latino Population Is Defined by Its Youth"

Unmet Need for Substance Abuse Treatment: Hispanics



Linguistic Barriers to Counsel

- Can't communicate with judges, legal counsel, clerks, etc.
- Critical in ensuring fair deliberations when you consider that 8 out of 10 California cases are settled and many don't understand that 'no contest' is an admission of guilt



Cultural and Linguistic Challenges to Drug Courts

- Entry Process
 1. Arrest
 2. Counsel
 3. Court process
 - a. Forms
 - b. Translations and interpreters
 - c. Court personnel
 - d. Screening instruments



Cultural and Linguistic Challenges to Drug Courts

- Drug Court
 1. Probation officers
 2. Supervision
 3. Treatment
 - a. Individual and group
 - b. Materials
 4. Support systems
 - a. 12 step
 - b. Family
 - c. Spiritual

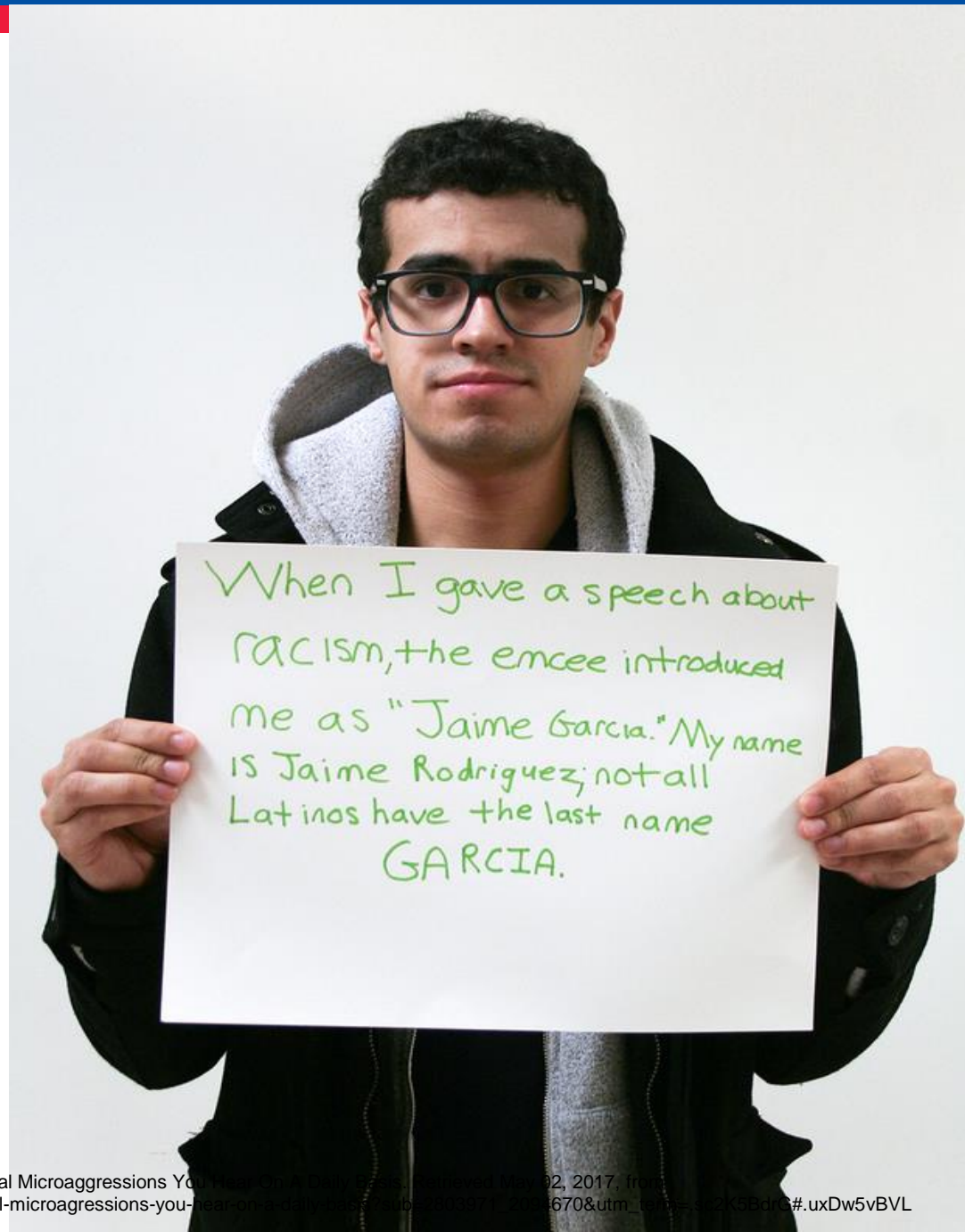


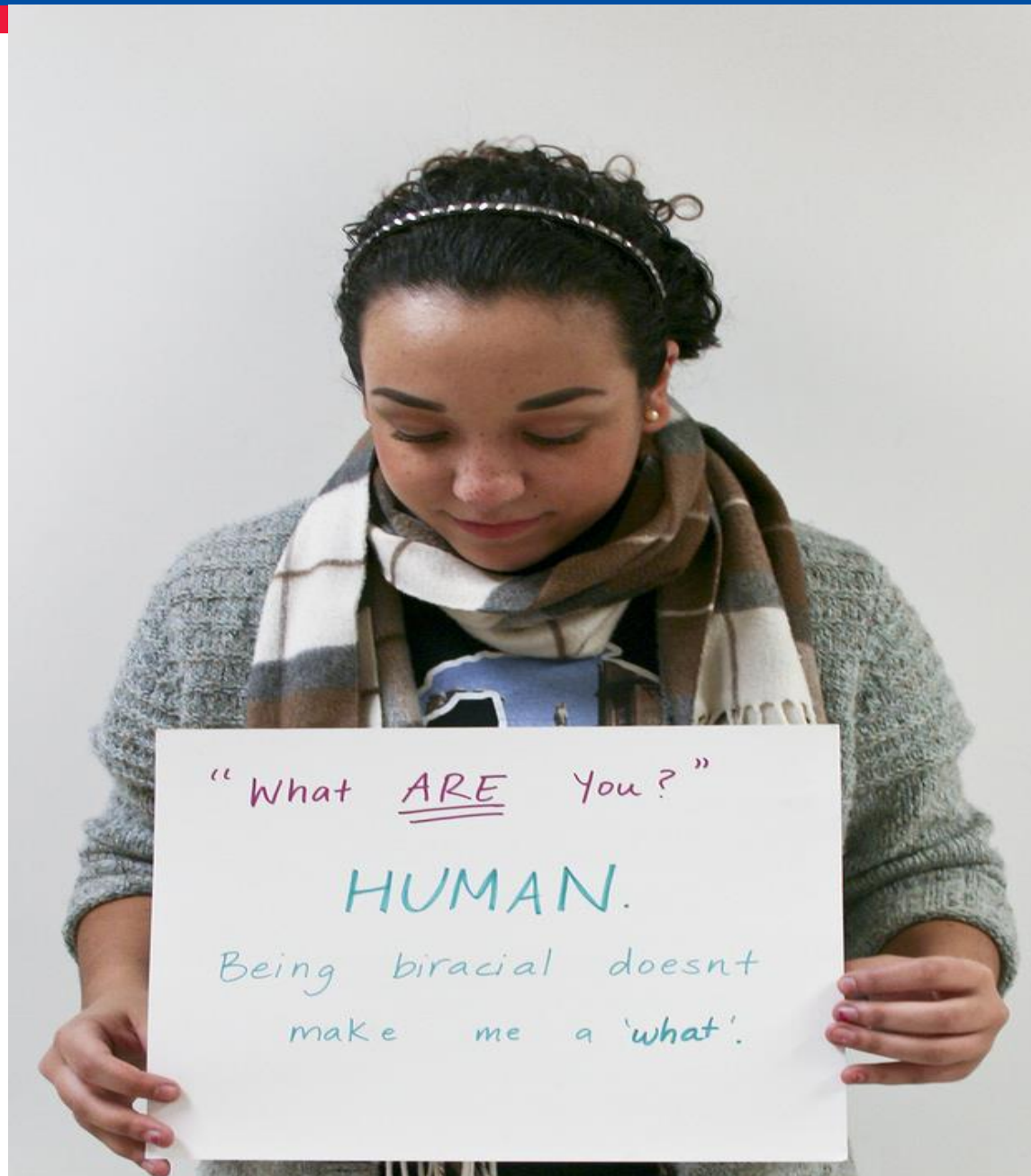
Cultural and Linguistic Challenges to Drug Courts

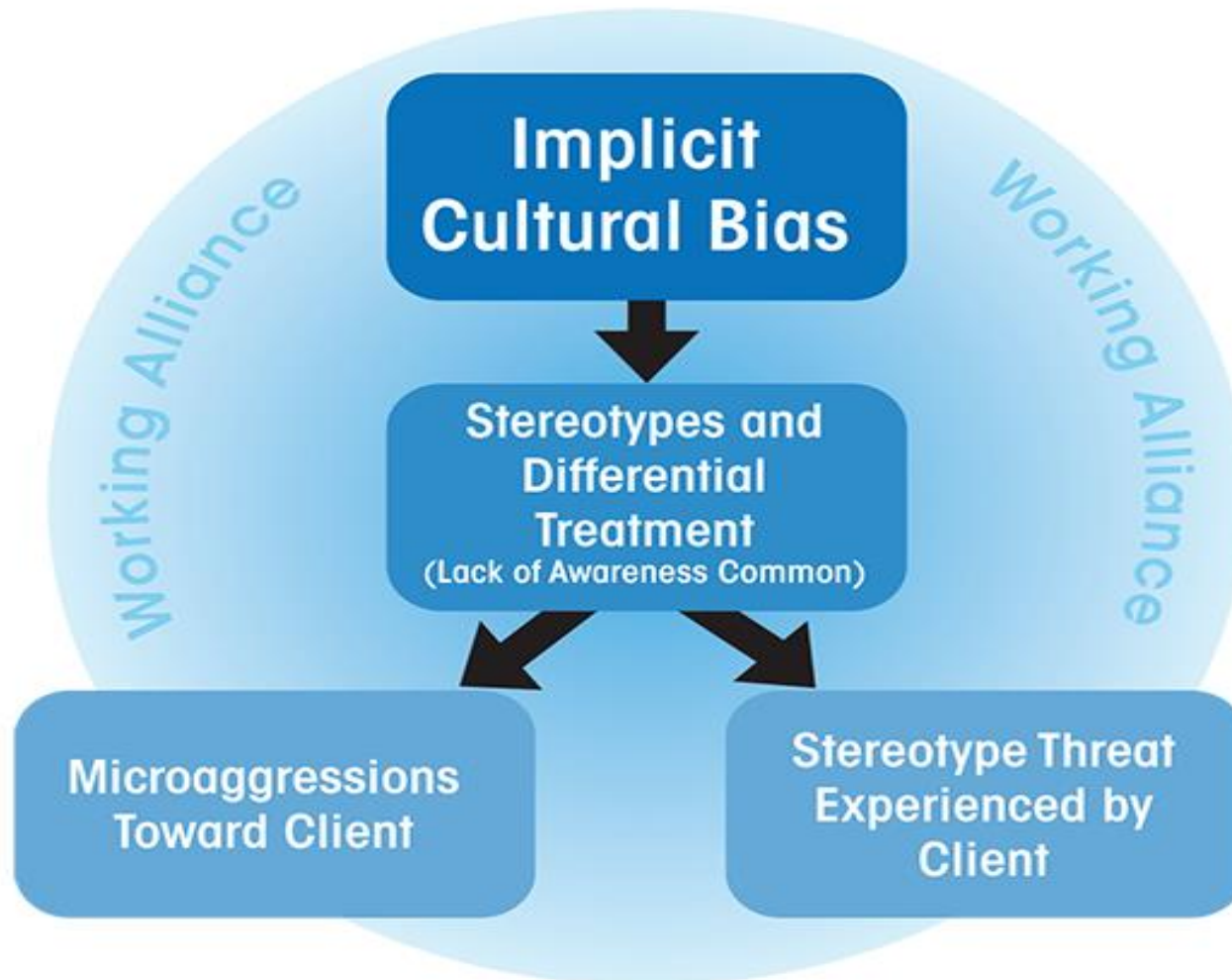
- Drug Court
 - 5. Interpreters
 - a. Translations-forms
 - 6. Judge
 - 7. MIS/Data
 - 8. Program requirements and development
 - a. GED/job
 - b. English skills











Microaggressions

- Power, privilege, and everyday life
- Everyday verbal, nonverbal, and environmental slights, snubs, or insults, whether intentional or unintentional, that communicate hostile, derogatory, or negative messages to target persons based solely upon their marginalized group membership

Macro Impact of

Bias



“If counselors avoid or minimize the relevance of bias and discrimination in self-exploration, they will likely do the same in the assessment and counseling process.”

Cultural Barriers in Drug Courts

- Language
- Immigration
- Family difficulties
- Gender specific issues with SUDs
- Hispanic adolescents
- Latinx & mental health
- Acculturation

Barriers

Minority Stress

- Minority stress refers to high levels of stress experienced by persons of stigmatized minority groups
- It may be caused by a number of factors, including poor social support and low socioeconomic status, but the most well understood causes of **minority stress** are interpersonal prejudice and discrimination.



Latinos/Latinas and Trauma

- Women with a COD are incarcerated and remain in jail significantly longer than those individuals who are not diagnosed with a COD
- Hispanics/Latinos are less likely than whites to receive needed mental health services. 1 out of 15 Hispanics who suffer from depression is not able to get medical help.
- There are higher rates of mental illness amongst US born Latinos and long-term residents than among Latino immigrants.



Trauma Informed Care with Latinos

Trauma-informed care is an approach to engage people with histories of trauma that recognizes the presence of trauma symptoms and acknowledges the role that trauma has played in their lives.



Generational Views

More advanced age Hispanics are more likely to have unfavorable attitudes toward mental health services.



Younger Latinos tend to be better informed of mental health issues and have exposure to mental health services than older counterparts

Jang, Y et. Al., Community Mental Health, Attitudes toward Mental Health Services in Hispanic Older Adults: The Role of Misconceptions and Personal Beliefs, Springer, 2011

Bauer, B. (2016, April). Economic security. Retrieved May 02, 2017, from <http://www.giaging.org/issues/economic-security>

Arreola, C. (2016, Oct.). 8 facts about latinos & mental health that you need to know. Retrieved May 02, 2017, from http://www.huffingtonpost.com/latina-magazine/8-facts-about-latinos-men_b_8306396.html



Latino Cultural Characteristics

- Family - familism
- Manhood – machismo
- Womanhood – hembrism, marianism
- Congeniality – simpatía
- Respectful attributes – personalism
- Trust – confianza
- Shame – vergüenza
- Spirituality – espiritualidad
- Others...?



Using a Cultural 'Lens'

- Young Latina opiate user, mother allowed her to use in the home
- Young Latino male arrested for selling drugs, Bronx County Court, legal aid representation



Cultural Competence vs. Cultural Humility

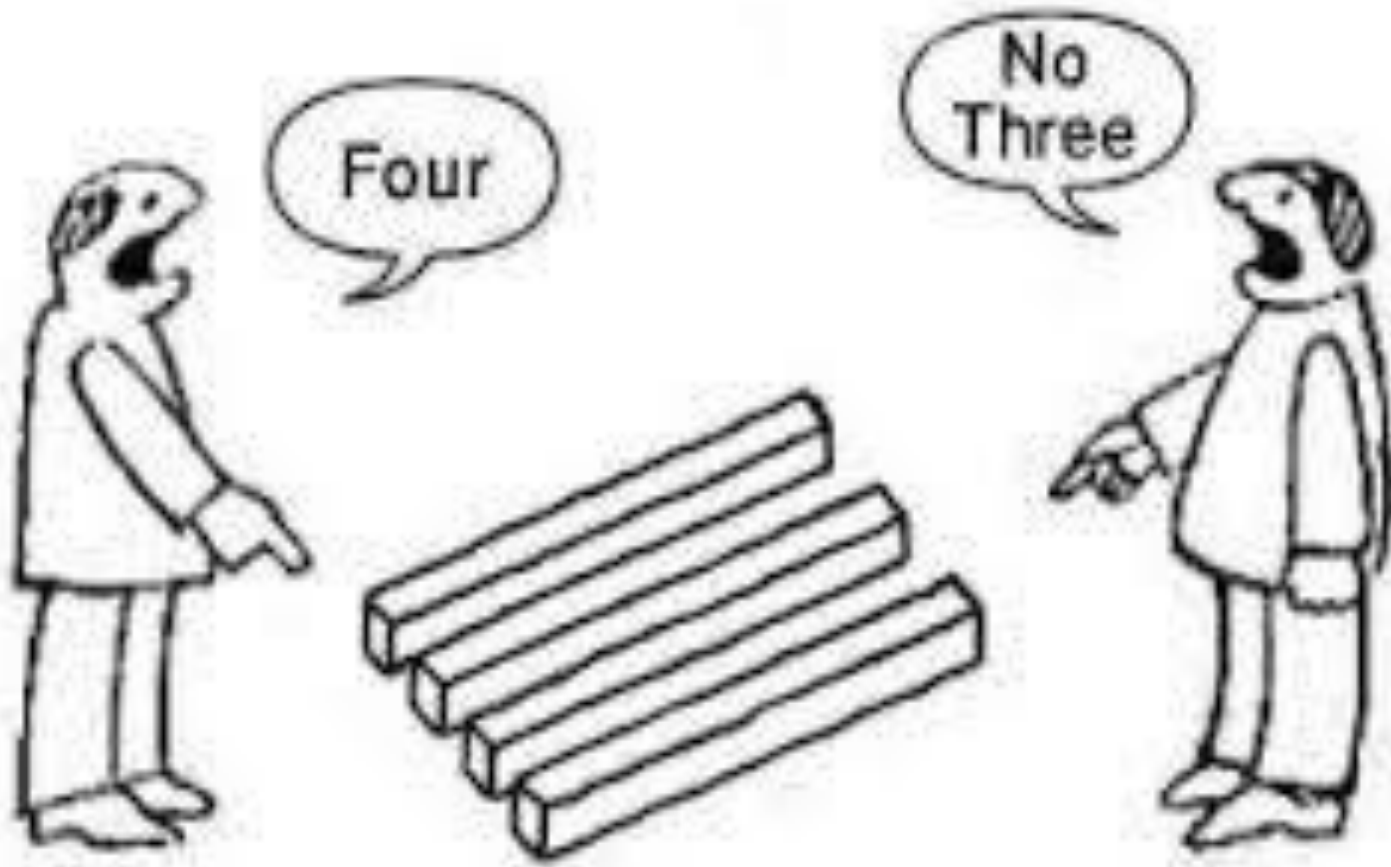
- Cultural competency implies that one can function with a thorough knowledge of the mores and beliefs of another culture
- Cultural humility acknowledges that it is impossible to be adequately knowledgeable about cultures other than one's own

Cultural Humility

- Construct for understanding and developing a process-oriented approach to competency
- Lifelong commitment to self-evaluation and self-critique
- Includes a desire to **fix power imbalances** where none ought to exist
- Aspiring to **develop partnerships with people and groups who advocate for others**



Perspective...Is it cultural?



Friend, J.. (2013, Oct.). 3 Perspective Hacks: A Cheat Sheet For Living In Reality (The Real One). Retrieved May 02, 2017, from <http://www.smallstepsbigchanges.com/3-perspective-hacks-cheat-sheet-living-reality-real/#>.



Perspective...Is it cultural?



What a cruel, male-dominated culture! (Malcolm Evans cartoon, 2011)

Conceptual Framework

Awareness, Attitudes, Knowledge, and Skills



Culturally Informed Modality

Cultural assessments

- Organizational level (NDCI organizational assessment)
 - Design plan to address identified deficient areas
- Practitioner level (self assessment)
- Client level (client assessment)
 - Ever seeking to increase cultural knowledge and build skills
 - Integrate client cultural perspectives (strengths)
 - Individualize treatment and service plans
 - Evidence based practices
 - Strength based approaches

Process and program evaluations

- Consumer (drug court participant) perspective



Integrating a Cultural Approach

- Elicit and identify the adhered to cultural value or characteristic(s)
- Acknowledge strengths within cultural values
- Integrate the cultural strength within the context of promoting behavior change
 - *Cultural stressors that led to drug use and impact*
 - *Options for change that highlight values*
 - *Inciting innate motivation, etc.*



Culturally Informed Sanctions and Incentives

- Do they Exist?



Culturally Informed Strategies

- Culturally informed assessments can lead to effective communication, resources, and referrals



Building Resiliency in Hispanic Youth

- **Resiliency:** a set of inner resources, social competencies, and cultural strategies that permit and individual to survive, recover, and thrive, after stressful events
 - Feeling cared about by their family
 - Feeling connected to school
 - Having caring adults to turn to with problems
 - Having supportive friends with positive social values



Cultural Adaptations of EBPs

“...programs can and should tailor EBPs to each cultural group they serve.”



References

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- Cultural Competence vs. Cultural Humility, <http://www.cadca.org/cultural-humility-vs-cultural-competence-do-you-know-me>
- 'Getting Started With Evidence-Based Practices,' *Evidence Based Practice Kit*, U.S. Department of Health and Human Services Substance Abuse and Mental Health Services Administration Center for Mental Health Services
- Implicit Bias and Microaggressions: the Macro Impact of Small Acts; <https://www.youtube.com/watch?v=Nrw6Bf5weTM>
- Latino Voices: The Impact of Crime & Criminal Justice Policies on Latinos http://www.lchc.org/wp-content/uploads/LatinoReport_low-res_06.23.14v2.pdf
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- Nigatu, H. (2013, December 9). 21 Racial Microaggressions You Hear On A Daily Basis. Retrieved May 02, 2017, from https://www.buzzfeed.com/hnigatu/racial-microaggressions-you-hear-on-a-daily-basis?sub=2803971_2094670&utm_term=.sc2K5BdrG#.uxDw5vBVL
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Thank you! Questions?

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